

Berkshire Tai Chi



- your key to a better quality of life

BERKSHIRE TAI CHI

your local traditional Tai Chi school

UK Co-host for Master Chen Yingjun



Professional instructors

- **Beginners' Introductions & Tasters**
- **Regular Weekly Classes**
- **Exercise Classes for Health & Fitness**



Local Centres
Earley & Arborfield



berkshiretaichi.co.uk

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