

## **AUM YOGA**

Mixed ability Yoga classes on Thursday evenings at St Nicolas Church Hall, Earley.

Thursdays 6.30-7.30pm. Cost £9.

Booking is in advance and spaces are limited to avoid overcrowding!

Late Summer / Autumn term begins on Thursday, August 25th For more information, and details on how to book - see

www.aumyoga.co.uk, 'Booking @ St Nics' page.